

Advanced Academic English: Overseas major core class. This course will prepare students for study abroad in one of our sister schools in American, Australia, or the UK. This course instructs the students on the fundamentals of western-style academic theory, critical thinking skills, and note-taking strategies. Emphasis will be placed on lecture comprehension, oral presentation skills, and facilitating discussions. Both current events and traditional academic subjects will be introduced.

Academic Studies: This discussion class is essential to any student interested in studying in a Western college or university. This course will study the culture of higher education overseas. Topics covered will be Second Language Learning, Demography, The American Civil Rights Movement (1954-59), Computer Science, Motivation, The Evolution of Stars, and American Political Culture by listening to the variety of teachers' lectures. Through learning the content materials itself, the students can know about American college services, registration procedures, appropriate behavior in and out of the classroom, and student responsibilities, and note taking technique in a western style of setting classroom.

Advanced English (CIE conversation): Advanced English is the core conversation component of the second year program. By building on the skills acquired in the first year of their English studies, the course aims to develop the students' communicative competence and confidence in the area of speaking and listening.

Advanced Writing: Advanced writing effectively prepares students for the rigors involved in collegiate writing classes abroad. Students are instructed and submit a variety of writing genres including descriptive writing, creative writing, poetry, analytical writing, and expository writing. The course allows students to explore their creative literary talents while being instructed in modern literary theory.

American Movie Culture : American Film Culture is a class designed to orientate the student to early American movie classics as well as offer an introduction into basic film theory and development. The class will target several essential components of the motion picture including cinematography, special effects, characterization, and camera/point of view. This class will be a 1 credit class conducted as a seminar and last 4 lectures in one calendar week. There will be an optional full-day Saturday class where characterization will be studied in the form of The Godfather Trilogy (refreshments will be served).

American Studies I: This is a pre-departure course which prepares students for their homestay experience in English-speaking countries. Given the tremendous diversity of the English-speaking world, the topics are addressed from the respective vantage points of the countries. Topics covered are security, finances and banking, domestic living arrangements, brief cultural and political history of the target country, and cross-cultural sensitivity and tolerance. Prior to leaving abroad, the students will

have an email pen-pal from their target country who will serve as a quasi-ambassador for the student.

American Studies II: Following sequentially from American Studies I, American Studies II offers the student a more in depth and thorough examination of the target country while maintaining the integrity of the email pen-pal relationship. The historical and political examination of the target country is widened in order to give the student a deeper appreciation for the country. Students write research papers, collect data for oral presentations, and continue their email pen-pal relationship as to immerse them in the target culture as much as possible before leaving Japan.

Bible: The purpose of this class is to know the Bible and to make it a mental food of the soul. Students will examine the background of The Bible as a part of a cultural history, lives of Christians through video movies, and the way of life of Christ who is at the heart of the Bible. This course takes a relaxed approach to the subject. (Taught by Japanese teacher)

Business English Level Test Preparation: This course prepares students for the Business English Level Test. Students need to know special business terms and the format of business letters. In addition, they will study the system of import and export business. (Taught by Japanese teacher)

Business English: This is the course for learning Business English. Business English includes trading, banking, bond business, trust business, transportation business, insurance business, and service business, such as in hotels or restaurants. In the classroom students will read, understand, and write international business letters and articles. (Taught by Japanese teacher)

Business English Communication Skills: This class will emphasize the essentials of English used by the business community. Oral proficiency skill will be strongly emphasized, both face-to-face and over the telephone. There will also be a writing component to the course where resume writing, business letter composition, and message taking will be introduced. Substantial and critical business vocabulary will be given in order to prepare the student to meet the demands of the international global marketplace.

Communication in English(CIE): This is the core conversation component of the first year day college program as well as the English

Major programs. In this course students develop the basic English needed for everyday conversations as well as specific situations. The class emphasizes the improvement of listening, speaking, reading, and writing aptitudes. Students will be asked to use their imaginations extensively to become better adept at speaking more naturally and handling cross-cultural situations.

Computer: This class gives students a choice of a variety of computer activities which they can do individually or in groups. These activities include playing an interactive adventure, creating a class or school website, using educational software or other student-generated project ideas.

Computer I: An introduction to basic computer operation. This course will include word processing in English, graphics and the Internet. Students will also learn to create their own computer software programs.

Critical Thinking: This course is designed for advanced English-speaking students to develop more effective learning and speaking skills. Students are required to participate in debates and discussions regarding current topics which affect us today and consider how the situations discussed relate to their own society and their own lives. Each student is required to research and give presentations during the academic year regarding current news issues. They are urged not only to express their opinions on certain topics but also to listen to and take into consideration the opinions of others. Assessment is based on presentations, writing assignments, discussions, and participation. .

Cross Cultural Communication: The goal of this course is for students to develop their awareness of other cultures, and to improve their ability to function in new cultural situations. They will have the opportunity to reflect on their own cross-cultural experiences, and come to a better understanding of their own cultural identities. They will also have the chance to extend their learning beyond the classroom by interviewing foreigners outside of school. .

Current English: The aim of this course is to introduce students to three areas of interest in order to broaden their perspectives about the world around them. These areas are world geography, the environment, and social issues. Students work independently by choosing the topic they want to learn about in each lesson. The course involves the use of CE-ROM and video to allow for a more hands-on approach to learning in the areas of environment and geography.

The second semester of Current English will allow students the opportunity to study three areas of interest about the world around them: world geography, social issues and the environment. Students will work independently or in pairs on a variety of task sheets relating to these three areas. As with the Spring Current English, this is a self-study course in which students can work at their own pace.

Comparative Religion: This course introduces the student to the scientific study of world religions. Topics include the meaning of religion in general, the history of several different religions' traditions, and an objective examination of the variety of ways people worship and the meanings they attach to their rituals. Traditions studied include Islam, Christianity, Buddhism, Hinduism, and Judaism.

Debate: Debate was brought to Japan by Yukichi Fukuzawa, founder of Keio University, about 100 years ago. It is the technique for convincing listeners to discuss to one topic on the sides of Yes and No. The purpose of this course to approach the skills of logical demonstrative competence through logical speech, impromptu questions, understanding the contents of the speech. In the stage of introduction of Debate, students are going to enjoy small speech, cross examination, discussion and debating games. Topics focus on the problems in educational fields. (Taught by a Japanese teacher)

English Grammar/Structure: This course will provide students with a basic grammatical understanding of English. Students will find this class useful in preparing for not only TOEFL or STEP classes but also communication classes.

English Literature: This is a two-year-long course, designed as a survey of British and American prose, poetry and drama. The first semester will start with Old English and end with the Regency Poets. The course will start with Old English and Shakespeare, and move to the Romantic writers. We will continue with Victorian writers and study twentieth century literature up until the present day and work up through current American writers. Students will study the life, times and cultures of the authors, in addition to their works. Through lecture, group work, listening, video and reports, students will gain an appreciation for English literary heritage, as well as an ability to examine techniques and styles. Assessment will include attendance, participation, mid-terms, final exam and a short paper.

History: Each year the focus of the topics will be varied, like “History of the Second World War”. This topic is very important for the Japanese students for knowing the details about “Pearl Harbor Attack, Death March, Asian Relations”, etc. (Taught by Western teachers)

Introduction to German: Introduction to German will introduce the student to the German language and culture. No previous study of German is required. Vocabulary and elementary grammar will be taught with a strong emphasis on oral, daily survival communication. This class will be taught in German and no textbook is required.

Italian, French, Spanish, Chinese: These courses are basic practical conversation. Students will learn basic grammatical points through dialogue, vocabulary, each country’s cultural and historical aspects, the life-style, and customs. They will watch movies and to listen to songs from these countries.

In order to join, you simply need to have an interest in using computers. You can also tell your future employers that you were a member of this very prestigious club.

Inter-cultural Communication: This is a discussion class where students will have the opportunity to increase their English fluency through discussions about the different values, beliefs, attitudes and social systems of various cultures.

International Economics & Trade: An introductory basic business course focusing on business practices, economics, and trade as it relates to the United States and Japan. The course will discuss cultural business differences. Students will also gain insight and knowledge into the use of money. The course will consist of not only lectures but of group work tasks where students work together in learning new business vocabulary. The use of video presentations helps to create realistic situations making the learning process easy and enjoyable.

Japanese Culture: This course provides the opportunity for students to practice explaining Japanese culture and customs as well as discussing Japanese society in English. Students are expected to keep a notebook to acquire English words and phrases that will help them with their explanations. Through frequent talks the students’ confidence should increase both in regards to explaining their culture and using English in front of others. Each student is expected to become as fluent as possible explaining at least one area of traditional

arts or modern culture by the semester's end. Assessment will include a grade on the notebook, class participation, a project presentation and an end of term oral exam.

Japanese Language Skills: This course is mainly preparation for taking Japanese job examinations. All students, including those in the Overseas Major, will benefit from this class. Through the learning of the history, structure and complexities of Japanese, students will be able to not only understand and discuss their own culture more in-depth. The rest of the three courses, Communications, Secretarial, and Business, learn how to read idiomatic kanji, the meaning of idioms, the history of Japanese Literature, and composition. In the second year, they learn the humble way of speaking, how to use respectful words properly, and how to speak on the phone politely. (Taught by Japanese teacher)

Japanese Teaching Methods: This course is not only for learning Teaching Methods of Japanese Language, but also learning the Japanese language itself, Japanese culture, and the way of thinking and history of the language. People often think that if a person is a Japanese, he/she understands Japanese language naturally. However, many people often disagree when they hear the grammar, and even though Japanese language is their own native language, they have to stand with embarrassment without any explanation. How many people can explain what is the difference between Nihongo (Japanese Language) and Kokugo (Country's language)? Now we are living in an international society. It is important to learn our own language in addition to learning foreign languages. (Taught by Japanese teachers)

Japanese Philosophy: Japanese attitude, mind and their historical reasons and its philosophy; Confucianism; Bushido (The Way of the Warrior); Zen and Arts, etc.

Japanese Literature: This is a year-long course and students will be introduced to Japanese literature through the English language. Using English translations of famous literary works, this course will briefly cover the history of Japanese literature. The first semester focuses on traditional Japanese literature starting with "Kojiki" or "Records of Ancient Matters" and ending with literature from the Edo Period. In the second semester, we will focus on modern Japanese literature with works written from the Meiji Era to the present day. Students are required to read, analyze, and discuss excerpts and are also asked to

prepare reports and written assignments. Through lecture, group work and discussion, students will gain a greater appreciation and understanding of Japanese literature, as well as develop writing and discussion skills. Assessment is based on written homework, reports, participation, attendance, and projects.

Life Science: Through the viewing of popular contemporary movies, students will examine various social issues confronting modern society. Vocabulary, listening and speaking skills will be the focus of improvement in this course.

Life Science I: The leading purpose of St. Mary College Education is to learn languages. However, if people have no clear conception of how people truly communicate, apart from vocabulary and structure, then how we can use language as a communication tool? In this course, students will be exposed to western behavior and contemporary issues through popular movies. Students will also examine Christianity and humanistic ways of behavior. Students will consider human philosophy and the experience of joy, love, racial discrimination, sexism, minority rights, class struggles, the plight of the old, AIDS, and addictive behavior along with other pertinent issues. DC

Life Science II: This course is divided into the study of two areas. **Introduction to Christianity:** This course is meant to help students learn many things connected with Christianity and other matters, so that even though they will be overseas, they will feel considerable ease among Christians in other countries. **Social Ethics:** The purpose of this course is to develop a social perspective and to share the responsibilities of these problems through studying daily social problems such as Traffic Accidents, Death from Overwork, AIDS, Eating Disorders, Drugs, Rape, Sex, Abortion, Ill Treatment, School Absences, School Violence, Gangsters, International Marriage, Divorce, Returnees, Notice of Cancer, Homestay, War, etc. (Taught by Japanese teacher)

Mathematics in English: In this course students will learn how to explain mathematical concepts in English. This class will be helpful for students who might take a mathematics course in a university overseas. This also gives students an opportunity to learn a more technical type of English.

Modern Music: In this class students will listen to and watch music videos of contemporary music. Students will be introduced to different styles of music, such as: Rock & Roll, Folk, and Heavy Metal. Although students will not learn how to play instruments, there will be opportunity to sing songs.

Music: The English language will be presented through modern pop songs carefully selected to demonstrate common English language usage. Listening comprehension, pronunciation practice, vocabulary, and comprehension will make up the academic part of the course. Students will learn to sing each song at fluency level. Assessment will be made through quizzes, homework, and end-of-semester exam.

Penmanship: This course's main purpose is to be able to write Japanese calligraphy beautifully and efficiently. Students will also learn how to write Ana, printing type of Kanji, curving type of Kanji, some exercises, and basic knowledge about Japanese language in order to pass the Penmanship Test. Students will write Summer Cards, New Year's Cards, and resumes for their job. (Taught by Japanese teacher)

Practical English: The purpose of this course is a supplement of the STEP test preparation. Students will learn basic practical communication skills of English; daily useful English expressions, grammatical basic points, understanding basic structures, and practicing translation from Japanese to English.

Professional English: The purpose of this course is to enhance students' public relations skills. Students will learn telephone skills, appropriate professional etiquette as well as information on business practices through the use of case studies.

Public Speaking: This class provides students with the opportunity and skills to speak more confidently in English in front of people. Students prepare their own short presentations as well as watching effective presentations through videos.

Reading in English: The objective of the course is to provide a broad English reading experience for Japanese students. Increasing English reading comprehension, vocabulary building and various speed building skills will be emphasized in each class. Students will be provided with a wide and varied collection of English language

materials to read and appropriate exercises to strengthen English reading skills, the focus of each class being to improve English reading ability. Throughout the course students will read independently and have many tasks to choose from. Assessment will depend on the amount of work completed in class, a project on one of the books read during the term, and an end of term exam.

Science (Environmental Studies): This course focuses on selected issues of pollution (air, water and land) that result from concentrated human populations. Classes are managed by survey and discussion of the problems of maintenance of environmental quality.

Speech: This is a beginning speech course that teaches the fundamentals of giving an effective speech through the use of comprehension, pronunciation and presentation. The marking of a speech is taught so that appropriate intonation, stress and pronunciation are used. Students are required to memorize a speech and to participate in the St. Mary Speech Contest.

St. Mary Hour I, Part One: Career and Overseas Study Guidance: In this course students will receive guidance on career or overseas study choices from their class advisors. Helping students make informed choices about his or her career or education is the main focus of this class. Not only learning about the cultures of both foreign universities and Japanese companies but also understanding appropriate behavior for these different institutions will better prepare students for success after graduation. (Taught by Japanese teachers)

St. Mary Hour I, Part Two: Class Meeting: Class advisors will discuss problems the students may be having at school and offer solutions. Because the class advisor acts as a liaison between the student and teachers, the class advisor's job is to find students who are having trouble studying, having trouble with their school life or with their friends and then act as a kind of counselor. The class advisor will help to alleviate stress students may be experiencing and mediate problems between teachers and students. (Taught by Japanese teachers)

St. Mary Hour II: This course includes the instruction in the art of traditional Japanese culture. Students will practice tea ceremony and flower arrangement. In addition arts such as dancing, drama, arts and crafts are practiced in English. The aim of this course is not only

learning and practicing English related subjects but also learning about their own culture and to expand their interests. (Taught by Japanese and native English speakers)

St. Mary Hour II (Arts and Crafts in English):

Through the mediums of drawing, painting, printmaking, and collage, the students will gain a greater understanding of artistic technique. By their own ways of seeing and individual styles of expression, they will describe the various topics covered through their personal visual language.

St. Mary Hour II (Drama):

This is a beginning drama course. A non-stressful fun approach to drama will be used in this course. Basic drama terminology, pantomime, body language and gestures will be taught in order to enhance English communication and to increase self-confidence.

St. Mary Hour II (Dance):

Although St. Mary College doesn't have sports grounds, we make full use of our exercise room. Students can stretch and relax while enjoying Modern Dance, Jazz Dance and Aerobics. The first several years when St. Mary College had just started, we had an English speaking exercise teacher, but now we have a Japanese teacher. Through this exercise, students learn good posture and how to promote good health.

Teaching English to Children: Teaching English to children can be a very rewarding experience. This class is divided into two sections: first year and second year. In the first year, participants will have the opportunity to learn various methods, such as songs and games for the children's classroom. Examination and adaptation of current English textbooks for children will be covered. Students will also learn about such areas as T.P.R. and lesson planning. In the second year, students will observe and help teach some children's English classes.

Teaching English: This course introduces basic principles in teaching English. The first part of the course focuses on preparation for teaching, for example, using the classroom environment, how to explain language items and how to best use materials. The second part of the course is an introduction to teaching practice and students will have the opportunity to plan lessons, make materials and will study ways in which to effectively teach speaking, listening, reading, writing and grammar. The students are continually assessed through classwork and homework. Assessment is also based on attendance and participation.

Test Preparation I (STEP): This course prepares students to pass the STEP examination Levels 3, 2, pre-1 and 1. The STEP test evaluates English competency of grammatical, idiomatic, vocabulary, reading, listening, and speaking understanding and usage. Students

will improve their test-taking pace by taking sample tests. (Taught by Japanese teacher)

Test Preparation II (English Tourism): The goal of this course is to cover the material of The 3rd Grade of English Tourism Test and for the students to encourage to pass it by the end of 1st year, and The 2nd Grade of English Tourism Test by the end of 2nd year. Test perpetration will include: basic geography, basic English conversation for tourism, general travel business. (Taught by Japanese teacher)

Test Preparation II (TOEFL): Students will prepare for the TOEFL exam by strengthening their listening, grammar, and reading skills. By continually taking practice tests students will significantly increase their speed and raise their scores. Emphasis will be placed on vocabulary development. An institutional TOEFL exams will be administered to provide students exposure to taking a full exam.

Test Preparation II (TOEIC): TOEIC (Test of English for International Communication) had been developed from the test data from The TOEFL examination. Presently it is held in Asia, Europe, and other 21 countries in the world. This examination is becoming very popular among leading companies in Japan like the STEP examination. It judges four English skills as an international communication tool through Listening Test (100 questions for 45 minutes) and Reading Tests (100 questions for 75 minutes). More than 730 points of the test, people will be judged verbal interview test for 30 minutes. In this class students can learn how to master English and develop the level of the test. The aim of the level is from D level (221-470 points) to C level (471-730 points). (Taught by Japanese teacher)

U.S. Geography and Culture: This course covers the geography of the United States, region by region. Students will learn about and discuss the history, people, cultures and some current issues relevant to each area. Through this study, students will also improve their vocabulary and listening comprehension. Assessment will include attendance, participation, a mid-term and final exam.

Western Culture: This class will expose students to many facets of western culture - art, music, history, politics, religion and philosophy - through a variety of media. At the completion of the course, students

will have an understanding of some of the forces that have shaped western society and continue to influence that society today.

St. Mary Hour I (Overseas Study Guidance): In this course students will receive guidance on overseas study from their class advisors. Helping students make informed about his or her education is the main focus of this class. Not only learning about the cultures of foreign universities but also understanding appropriate behavior for the different institutions will better prepare students for success after graduation. The topics are covered; Overview of St. Mary's Overseas Program; Sister School Relationship with the University of Portland; Examples of Majors at the U. of P; Community Colleges; Students' goal flowchart. The additional information includes: Personal Experiences Studying Abroad, Housing, University Facilities, Time Management, Study Hints, Culture Shock, Communication Skills, the U.S. Educational Structure, Roommates, Personal Safety, Health Care, Transportation, Business Customs, Shopping, Shops and Buildings in Portland, What to Take, Taking and Sending Money, Banking in General, Writing Checks, and Questions. And they also study cross cultural case studies such as in case missing their bags at the airport, missing airplane, nobody welcomes at the airport, cannot contact with anybody at the airport, cannot do any homework, living with different nationality at a dormitory, safe jogging place, classes are too hard/easy, etc. (Taught by Japanese teachers)

Theology I (Introduction to Religion): The basic characteristics of religion and major world religions. Introduction of Old Testament, The Gospels: Matthew, Mark, and Luke.

Theology II(Christian Personal Values): Study through video and discussion about Person's values and Christian values.

Volunteer Activities: This course offers students a variety of opportunities to serve other needy people and to become familiar with such problems. The services include tutoring, serving the food for homeless people, visiting senior citizens homes, cleaning neighborhood community, visiting disabled people's organization, understanding third world social problems, awareness about environmental problems, helping Kenian people by sending donation, etc.

Western Culture: This class will expose students to many facets of western culture - art, music, history, politics, religion and philosophy - through a variety of media. At the completion of the course, students will have an understanding of some of the forces that have shaped western society and continue to influence that society today. Some semester focuses on Art History only such as the

Renaissance, the Gothic, Baroque and Rococo Europe, Romanticism to Post-Impressionism, Contemporary arts, etc.

Women's Studies I: The purpose of this course is to introduce students to basic concepts in Women's Studies and encourage them to examine society using these concepts. We will discuss such questions as "What is gender?" and "What is feminism?" We will study some of the history of feminism and the changing status of women in Japan. We will study and discuss some of the current issues facing women in Japan. Some comparisons will be made to other countries, especially the USA. Class meetings are intended to be a combination of lecture and discussion. The instructor intends to encourage as much discussion as possible. Students will be expected to participate in class meetings, do some reading outside of class and complete a mid-term and a final examination.

Women's Studies II: The purpose of this course is to study in more detail the concepts presented in Women's Studies I and expand on the areas discussed. The basic concepts in Women's Studies will be quickly reviewed. Major areas of interest, such as women in the arts, women in the workplace, etc., will be identified by the instructor and the students and studied. It is the instructor's intent to negotiate specific course content partially based on the interests of the students.

Class meetings are intended to be a combination of lecture and discussion. Students will be expected to be active in discussions, do some research outside of class and complete a final paper and/or examination. NOTE: Students who have not taken the Women's Studies I course may be admitted with special permission from the instructor and the administration.

World Literature: Students will explore the literatures of the world through English. All materials will be translated into English. Poetry, short stories, and plays will be read in order to enlighten the students to the literary traditions from different cultures.